



Los Angeles County
Department of Mental Health
Long Beach Mental Health-Wellness Center
Collaborative Workgroup presents:

“A Day of Wellness by the Sea”

A Wellness & Recovery Cultural Arts Festival and Summit

A time of information sharing, music
presentations and workshops!
Let's share the word and celebrate
Wellness and Recovery together...

When:

Wednesday December 14, 2011

Where: Bixby Park

130 Cherry Avenue

Long Beach, CA 90802

Time:

8:00 a.m.to 4:30 p.m.

Service areas throughout the
County are welcome to
participate.

Our mental health and
substance consumers are
the targeted population

Please RSVP by calling
John Lewis at (310) 324-9271 / (562) 218-4037
Gwen Lewis-Reid (562) 599-9205 or
Mark Martin (562) 218-4091 with any questions